

**Social Media** for Solglyt Lodge members includes our website – [sofnedmonton.ca](http://sofnedmonton.ca) and our FaceBook page - <https://www.facebook.com/SonsofNorwayEdmontonSolglytLodge>. Other useful links to a variety of associated organizations are set out in our brochure. Many of Solglyt members belong to these other societies.

**Newsletters** - our Solglyt newsletter is published five times per year and the *Viking Magazine* is published six times per year. You will receive Solglyt's newsletters by email.

**Home** page is where you will find our current Solglyt newsletter and dates of other activities occurring in District 4. There is no need to login as a regular member. Alberta and Saskatchewan lodges are in Zone 4, District 4. District 7 is the district for lodges in British Columbia.

**About Us** is a welcome page, and showcases Solglyt and Sons of Norway history. The Officers and Directors are listed and a few other links that pertains to our outreach.

**Membership** page - lists the links on how to join and some information regarding dues and renewing of your membership. Sons of Norway head office in Minneapolis accepts membership dues in Canadian dollars by way of cheque.

**Calendar** - also appears on the Home page.

**Photos** page - links to the 'Album Sets' and 'photostream'. These are photos taken at our various Solglyt events since about 2011. Due to privacy concerns, the members in these Flickr photos have not been identified, however it does provide a glimpse of our activities.

**Culture** – this category contains a variety of links. Genealogy, rosemaling, needlework, cooking and woodworking classes are dependent upon the availability of instructors and interest level. The Sports Medal program is a self-directed program via your login at [sofn.com](http://sofn.com). The Sports Weekend is a reference to a gathering of lodges in Zone 4 with invitations to friends, family, and other members from District 4 and District 7 (BC).

**Links** page – shows a variety of international, provincial and local affiliated societies. This is where previous newsletters are linked.

<https://www.sofn.com/faq/> - This is a link to frequently asked questions, and a YouTube video for logging into the main website for Sons of Norway - [sofn.com](http://sofn.com) - You can access the YouTube video; 'full screen' is recommended. Your membership card is mailed to you with your own unique member number. Click on the 'First Time Portal User' and follow instructions to create your username and password. This information creates your profile. Save your password!

[sofn.com](http://sofn.com) – red tab - Member Resources – red tab - You can discover extensive information by clicking on the Member Resources red tab and then clicking on Cultural Programming, Genealogy, etc. It is a fun and worthwhile area.