

VOLUNTEER HOURS

Sons of Norway Volunteer Hours

Mail: Brenda Carlstad, Secretary - Sons of Norway
228 Ronning Close, Edmonton, AB T6R 1Z4

Travel
Hours Time

COMMUNITY

Meetings:

For Member Meetings - totals calculated by Executive	N/A	
For Director's meetings - totals calculated by Executive	N/A	
Typing & printing of minutes: 2 - 3 hours		
Executive reports - prep & presentation		
Preparing lunch for meetings: 1 – 2 hours		
Leadership Training eg. Directors' training		
Newsletter: prep, editing, phone calls, mailing, etc.		
<i>Reports:</i> prep, presentation & phone calls by Directors & Members		
for the following: Cultural, Social, Sports, Publicity, Newsletter, Sons of		
Trollhaugen Language Arts & Culture Camp, Book Club, Language Club		
<i>Workshops:</i> preparation, attended or led, such as:		
* Rosemaling, Norweave and/or Baking		
<i>Reports:</i> prep, presentation &/or representation of SON at meetings:		
Scandinavian Trade & Culture Society		
Scandinavian Heritage Society - 2 hrs/meeting		
Edmonton Scandinavian Centre Association		
Scandinavian Businessman's Club		
Scandinavian Studies		
Scandinavian Dancing		
Lutefisk Supper (January) - Worked at supper – up to 13 hours		
Lutefisk Supper - Shopped		
Lutefisk Supper - Ticket selling		
Lutefisk Supper - attending		
Worked at Nordic Fair/Birkebeiner (Feb) or displays		
Sports Weekend (March) attendance, etc. - up to 36 hrs.		
Anniversary (April) committee meetings – 3 hours per		
Anniversary committee work – January to April		
Anniversary - Volunteered &/or attended event – up to 19 hours		
Syttende Mai (May) - Committee meetings/phone calls		

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Syttende Mai - Volunteered &/or attended banquet		
Attended flag raising & reception – up to 3 hours		
Lefse bee for Heritage Days – up to 7 hours		
Lefse Bee - prep, interviews, TV, radio		
June BBQ - attended/helped - 4 hours		
Mid-summer Fest (June)		
Nidaros Choir (July) - food prep, serving &/or clean up		
Heritage Days (July) Shopping for Heritage Days & workshops		
Heritage Days set up & take down		
Heritage Days - Rice Pudding workshop – 5 hours		
Heritage Days - Worked – each shift 6 hours		
Trollhaugen camp (Aug) - led, co-ordinated,helped- up to 168 hours		
Anniversary Tea (Sept) - committee meetings, phoning, set-up etc.		
Anniversary Tea (for Golden Members) attendance		
Anniversary Tea - prep, interviews, TV, radio		
Curling with SON – 2 hours per night		
Curling wind-up supper & awards – 4 hours		
Website - meetings, creation, submissions, maintenance		
Remembrance Day (Nov) Ceremony preparation and attendance		
Storage Room organization		
Christmas Party (Dec) - organized, attended/helped – 3 hours		
SON get-acquainted brunches – 2 hours per		
Other volunteer hours for SON		
FRATERNAL		
Heritage Days		
Mustard Seed Clothing Donations		
TOTAL:		